

2016

SKYROS

Adventure ♦ Creativity ♦ Joy

SKYROS ISLAND GREECE

Plus...

CITY BREAKS:

Copenhagen, Havana,
Marrakech, Venice

BEACH HOLIDAYS:

Thailand and Trinidad

WEEKEND BREAKS:

Isle of Wight

Skyros holidays

The holiday you take home with you



Who goes on a Skyros holiday?

Skyros attracts mostly solo holidaymakers from all over the world. Although all ages are represented, from 5 to 85, approximately 70 percent are aged 30 – 60. During school holidays families are also part of the mix.

A huge majority - over 80 percent - report that the Skyros experience had a lasting, positive effect on their lives.

Nearly a third come back again and again – even after they have said that Skyros was the 'holiday of a lifetime'.

"Do as much
or as little as
you want"

The founders

Skyros, now in its 37th year, was established by American psychologist Dr. Dina Glouberman and Greek journalist Dr. Yannis Andricopoulos. It was Europe's first ever alternative holiday centre and remains the world leader in its field.



Yannis Andricopoulos, Ph.D., a former political journalist and editor of i-to-i magazine, is author of several books on 20th century Greek and European history. His trilogy –

In Bed with Madness, The Greek Inheritance and *The Future of the Past* – is inspired by his involvement in both the truculent world of politics and the graceful, personal world of Skyros. His latest book, *History, Politics and Dreams*, was published last year.



Dina Glouberman, Ph.D. is the author of the acclaimed book *The Joy of Burnout* and the bestselling classic *Life Choices, Life Changes*, both widely translated. She

pioneered Imagework, the imagery-based approach to life change. A former university lecturer and psychotherapist, she runs training courses in Imagework worldwide. Her latest book, *You are what you Imagine*, was published in 2014.

Skyros holidays

Unique, sparkling, magical

Described by The Guardian as 'the first and still the best' alternative holiday, Skyros offers the independent traveller a holiday that opens the heart, expands the mind, recharges the body and uplifts the spirit.

In this 'you can do anything' world, you can take your pick. You can stretch your body in a yoga class, try some windsurfing or abseiling, learn to dance to the rhythms of salsa, create your own artistic masterpiece, start the novel you have been thinking about, join a comedy-improvisation event, sing your favourite songs or take a look at what you really need in life.

Held in stunning locations and led by top professionals, courses are inspiring and entertaining. Feel free to do as much or as little as you want.

But Skyros is more than its courses. It is its peerless culture within which you can be yourself, reconnect with your essence, express your creativity, laugh as you haven't since childhood and make new friends for life.

The benefits of a Skyros holiday last long after the suntan has faded. They include new friendships and relationships, new interests and skills, renewed self-confidence, a fresh outlook or even a whole new way forward. The sense of renewed confidence and excitement about life is palpable.

If this strikes a chord with you, then join us and experience the Skyros magic for yourself.

Poet Hugo Williams described Skyros in **The Times Literary Supplement** as

'The holiday you can take home with you'.

Elle magazine described it as

'Magically successful thanks to its unique alchemy of people, settings and ideals'.



Top 10 reasons to choose a Skyros Holiday this year

ON A SKYROS HOLIDAY YOU CAN

- 1 Relax, unwind and feel completely at home
- 2 Be your real self
- 3 Develop new interests and skills
- 4 Express your creativity
- 5 Improve your health and fitness
- 6 Laugh as you haven't since childhood
- 7 Work out what you really need
- 8 Make new friends for life
- 9 Discover that anything is possible
- 10 Return home with increased self-confidence and a renewed sense of purpose

- ♦ 200 Courses
- ♦ 76 Facilitators
- ♦ 8 Locations
- ♦ 20,000 Visitors over
- ♦ 37 Years
- ♦ 55% Return visits



Skyros holidays

Balance, proportion and symmetry

Skyros' aim is to create an ethical mini-society that can inspire changes beneficial both to the individual and the world we live in.



In ancient Greece, gymnasiums, where health and fitness were cultivated, were also centres of cultural activity and mental exercises. Likewise, the programme of the Olympic Games included, alongside the athletic contests, music competitions, prayers and rituals, communal singing, orations by distinguished philosophers and recitals by poets and historians.

The sharp distinction that exists today between mind and body, intellect and soul, material and spiritual, nature and culture, individuality and community was absent from the Greek thinking. Physical, moral and intellectual excellence, all described by the single word *areté*, were indivisible.

A life 'beautiful and honourable' also demanded involvement with one's community, the polis, the city state. The latter, in turn, was expected not simply to run its business efficiently, but in doing so to stimulate the intellect and satisfy the spiritual aspirations of its citizens.

This ancient Greek world is the source of Skyros' inspiration.

The ancient Greek world was also ruled by a sense of balance, proportion and symmetry in all aspects of life. Extremes of any kind, whether in the form of food fads or religious asceticism were frowned upon.

The person who honoured the virgin Goddess Artemis but not the love Goddess Aphrodite was, according to Euripides, a tragic misfit.

Inspired by this balanced integration of all facets of the whole person, Skyros values personal qualities rather than status, being rather than having, cooperating rather than competing, and doing rather than consuming. Ultimately, the intention of Skyros is to offer not just a wonderful holiday, but a healthy culture that encourages us to come home to ourselves, and to find new ways to live, love and contribute.



There are two holiday centres on Skyros island

Atsitsa Bay, on its pine-forested western coast. Atsitsa offers a wide range of activities including windsurfing, abseiling, yoga, art, comedy, music, dance and much more. (pp 6 - 11)

The Skyros Centre, in picturesque Skyros village, offers more specialised courses and is home to the renowned Writers' Lab, the Health and Wellbeing retreats and the Art Studio. (pp 12 - 17)

And many more Skyros holidays around the world

For Skyros camaraderie and courses, visit the vibrant city of **Havana** in the Caribbean, the souks and spice markets of magical **Marrakech**, or watch the colossal leatherback turtles nest on the beach in **Trinidad**, not to mention **Thailand**, **Copenhagen** or **Venice**. The Grange in the **Isle of Wight** holds weekend courses and Skyros tasters as well as year-round B&B accommodation. (pp 18 - 21).

Skyros Island

Chilled, sunny, magical

"The island
lives in more
than one
century at
once"



Sung about by Homer and full of ancient memories, Skyros is a magical isle.

The island's long history goes back beyond the reach of memory. Recent archaeological finds at Palamari, near Atsitsa, have uncovered a well-fortified village dating back to the early Bronze Age (2800 BC).

Achilles, the hero of the Trojan war, spent his early years on the island, and Athenian hero Theseus, the man who slew the dreaded minotaur of Crete, died there. King Lycomedes' palace on top of the village hill was built in pre-Homerian times, rebuilt by the Byzantines and then again by the Venetians. The Byzantine monastery of Saint George, built on the ruins of an ancient temple, is now fully restored.

Many old traditions, including the island's mesmerising goat festival which, rooted in Olympian Greece, draws visitors from all over the world. Rupert Brooke, the English poet, is buried in a tranquil olive grove on

the southern part of the island, that 'corner of a foreign field that is forever England'.

The village's white cubist-style houses are shaded by grapevines waving gracefully in the glittering sunlight. In its square, the villagers, tempered by lingering memories of millennia, still seem to watch with curiosity the visitors from their future.

Yet Skyros is a wonderful mixture of tradition and global trends. Doors are left unlocked, children play out until late and weddings and special events are celebrated by the entire community. On the other hand, young people drink cocktails at cool, funky bars and are as fashion-conscious as their counterparts in London's West End.

The island lives in more than one century at once.



Atsitsa Bay

Fresh, cool, lush

Right by the sea and in the arms of a magnificent pine forest, Atsitsa has a magical quality that enchants the senses and touches the heart.

When you arrive in Atsitsa, there is a feeling that you have just come back home. Is it because people lived, and their civilisation thrived, in this area long before history began?

Atsitsa's main stone villa commands a wonderful position in the bay. Its huts, in which most of the participants and staff choose to live, are situated in lush gardens and are shaded by pine and fruit trees.

Courses are held outdoors on beautiful stone terraces, between the pine forest and the sea. People are free to do as much or as little as they want. There is always time to sunbathe, swim, walk in the pine forest and enjoy the tranquillity of the bay. The evenings are taken up by parties, lively discussions and spontaneous, often hilarious events.

Atsitsa Bay is, however, much more than its courses. Its vibrant community – 30 to 80 guests at a time – is a bit like that new world we all aspire to see. You can see it in the trust the members of its community naturally develop with each other, the emergence of one's real self as opposed to a self distorted by necessities and burdens, and the powerful bonds forged between people that sometimes last for life.



*"Courses are held outdoors
on beautiful stone terraces,
between the pine forest
and the sea."*

*"The holiday
that brings
out the best
in people"*



Bob Shelley's painting, Atsitsa 2015





"A stunningly
beautiful
environment"



Atsitsa Bay holidays include:

Up to five hours of courses for four days per week plus fun evening activities and an unrivalled community atmosphere. All meals, twin-shared accommodation and options for health & beauty treatments.

A typical day in Atsitsa:

- 07.15** Early morning courses
- 08.30** Breakfast & community affairs
- 11.15** Mid-morning courses
- 13.30** Lunch and siesta/beach time
- 17.00** Late afternoon courses
- 20.00** Dinner and nightlife



Inspiring courses

Courses are chosen during the holiday and run for four days each week. Early morning 'drop-in' classes run for an hour before breakfast. Mid-morning and late afternoon courses run for up to two hours, some requiring commitment for four days whilst others are 'drop-in'. Feel free to do as much or as little as you want.

Unique accommodation

People live simply and comfortably in Atsitsa. Avoid single supplements and stay in rustic twin shared huts as most choose to do. See p. 22 for other options including single huts and shared rooms.

Delicious food

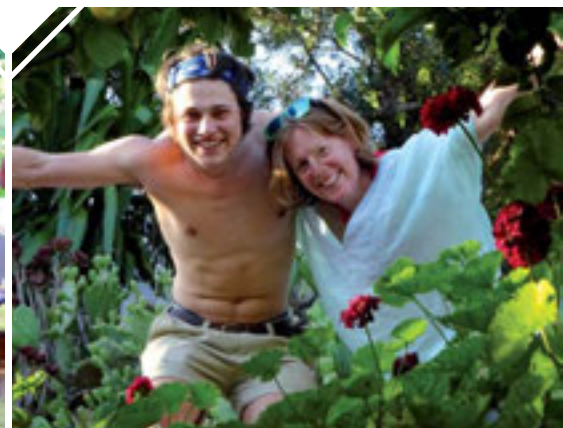
Meals are Mediterranean in style using locally sourced seasonal fruits and vegetables, natural yoghurts and cheese, pulses and grains. Meat or fish is served in the evenings and vegetarians and special diets are always catered for. All this along with tempting desserts too.

Community life

Skyros traditions of demos (exchanging news), oekos (small 'family' groups) and co-listening (the option of meeting a partner each day) all help to create a vibrant and supportive community life of which everyone feels a part. Again, feel free to join as much or as little as you want.



*You can play,
experiment, sing, do
things you haven't
done since childhood
or just be silly. It's a
place to feel free.*



*"Like walking
into a dream"*



The Atsitsa programme

Explore, learn, grow



AT1 Sun 5 – Sun 12 June (1 wk) £595

Bodywork	Silke Ziehl (D)
Yoga With Awareness	Ken Eyerman
Windsurfing	Mark Gunston
Skyros Glee Club	Karin Muiznieks
Digital Photography	David Babsky
Cuban Salsa	John Harris
Stand-up Comedy	Kate Smurthwaite
Life Writing	Nick Barlay

AT2 Sun 12 – Sun 19 June (1 wk) £645

Bodywork	Silke Ziehl (D)
Yoga With Awareness	Ken Eyerman
Windsurfing	Mark Gunston
Comedy Songwriting	Karin Muiznieks
Digital Photography	David Babsky
Cuban Salsa	John Harris
Stand-up Comedy	Kate Smurthwaite
Historical Fiction	Justin Hill

AT3 Sun 19 – Sun 26 June (1 wk) £645

Writing a Screenplay	Steve Attridge (D)
Yoga With Awareness	Ken Eyerman
Windsurfing	Mark Gunston
Music & Singing	Susie Self
Pictures & Movies	Julian Doyle
Cuban Salsa	John Harris
Stand-up Comedy	Kate Smurthwaite
Massage, Reflexology	Johanna Simonetti

AT4 Sun 26 June – Sun 3 July (1 wk) £675

Yoga for Every Body	Marina Sossi (D)
Windsurfing	Mark Gunston
Music & Singing	Susie Self
Pictures & Movies	Julian Doyle
Dance, Qi Gong	Cathy Skora
Stand-up Comedy	Kate Smurthwaite
Massage, Reflexology	Johanna Simonetti
Stories of Your Life	Alison Habens

AT5 Sun 3 – Sun 10 July (1 wk) £675

Comedy Improvisation	Alison Goldie (D)
Yoga for Every Body	Marina Sossi
Windsurfing	Mark Gunston
Find Your Voice	Claire Healy
Mosaics	Roz Wates
Dance, Qi Gong	Cathy Skora
Aerial & Acro	Sarah Saint Claire
Scentsual Massage	Virginia Evangelou

AT6 Sun 10 – Sun 17 July (1 wk) £695

Comedy Improvisation	Alison Goldie (D)
Yin & Yang Yoga	Kat Harding
Windsurfing	Mark Gunston
Find Your Voice	Claire Healy
Mosaics	Roz Wates
Dance, Qi Gong	Cathy Skora
Aerial & Acro	Sarah Saint Claire
Scentsual Massage	Virginia Evangelou

AT7 Sun 17 – Sun 24 July (1 wk) £695

Passionate Living	Malcolm Stern (D)
Yin & Yang Yoga	Kat Harding
Windsurfing	Shay Rosenthal
Everyone Can Sing	Sarah Warwick
Mosaics	Roz Wates
5-Rhythms Dance	Jo Hardy
Aerial & Acro	Sarah Saint Claire
Scentsual Massage	Virginia Evangelou

AT8 Sun 24 July – Sat 6 Aug (2 wks) £1,245

Passionate Living	Malcolm Stern (D)
Hatha Yoga	David Olton
Windsurfing	Shay Rosenthal
Everyone Can Sing	Sarah Warwick
Watercolour Painting	Cate Whittemore
5-Rhythms Dance	Jo Hardy
Comedy Improvisation	Nat Tsolak
Abseiling	Berny Woodward

AT9 Sun 7 – Sat 20 Aug (2 wks) £1,245

Music & Singing	Tom Morley (D)
Vinyasa Yoga	Andreas Vetsch
Windsurfing	Shay Rosenthal
Watercolour Painting	Cate Whittemore
Bhangra Dance	David Olton
Fool Workshop	Jonathan Kay
Power & Presence	Andrew Risner
Storytelling	Dawn Ellis

AT10 Sun 21 – Sun 28 Aug (1 wk) £695

Landscape Adventure	Richard Layzell (D)
Vinyasa Yoga	Andreas Vetsch
Windsurfing	Shay Rosenthal
Music & Singing	Tom Morley
Power & Presence	Andrew Risner
The Power of Laughter	Ailon Freedman
Alexander Technique	Judy Hammond
Storytelling	Dawn Ellis

AT11 Sun 28 Aug – Sun 4 Sept (1 wk) £695

Landscape Adventure	Richard Layzell (D)
Beyond Yoga	Kenneth Ryan
Windsurfing	Shay Rosenthal
Music & Singing	Tom Morley
A Photographer's Eye	Kel Portman
Trapeze	Deborah Sanderson
Love What You Do	Julian Russell
Screenwriting	Tiana Harper

AT12 Sun 4 – Sun 11 Sept (1 wk) £675

Public Speaking	Tiana Harper (D)
Beyond Yoga	Kenneth Ryan
Windsurfing	Shay Rosenthal
Harmony Singing	Abbie Lathe
Drawing & Painting	Theresa Sundt
5-Rhythms Dance	Sue Rickards
Trapeze	Deborah Sanderson
The Art of Swimming	Phil Tibenham

AT13 Sun 11 – Sun 18 Sept (1 wk) £645

Mindfulness	Michael Eales (D)
Beyond Yoga	Kenneth Ryan
Windsurfing	Shay Rosenthal
Art from the Heart	Stoney Parsons
Delivering a Song	Luke Meredith
Trapeze	Deborah Sanderson
Pilates For All	Melissa Mann
Your Writer's Voice	Crysse Morrison

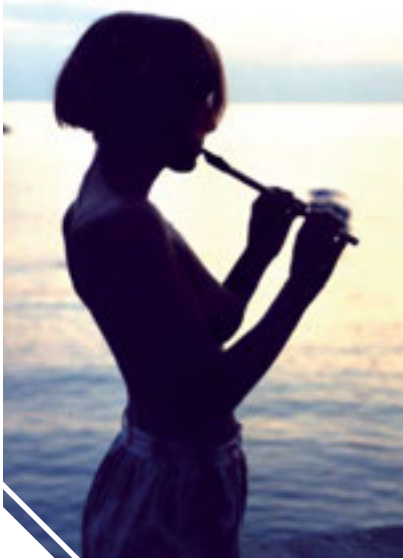
AT14 Sun 18 – Sun 25 Sept (1 wk) £595

Mindfulness	Michael Eales (D)
Beyond Yoga	Kenneth Ryan
Windsurfing	Shay Rosenthal
Art From the Heart	Stoney Parsons
Cabaret	Luke Meredith
Trapeze	Deborah Sanderson
Pilates For All	Melissa Mann
Good Fiction	Lisa O'Donnell

Atsitsa Bay facilitators

Warmth, integrity, experience

"Meet the
people who'll
find a place in
your heart"



Steve Attridge

Steve has had over 100 TV scripts produced. Twice BAFTA nominated, he has won numerous awards and has published 19 books. (AT3)



David Babsky

Formerly Technical Editor of Practical Photography magazine, David will show you how to get the best from any camera. (AT1 & AT2)



Nick Barlay

Nick is the author of four widely acclaimed novels. He teaches creative writing and journalism, as well as Guardian Masterclasses. (AT1)



Julian Doyle

Filmmaker, Julian, edited the Monty Python films and has won awards for pop videos including Kate Bush's Cloudbusting. (AT3 & AT4)



Michael Eales

Michael, psychologist, writer, and leadership coach for 30 years, is a leading figure in Humanistic Psychology. (AT13 & AT14)



Dawn Ellis

Actor and performance storyteller, writer & broadcaster, Dawn is also a gifted facilitator of Attitudinal Intelligence work. (AT9 & AT10)



Virginia Evangelou

Virginia has thirty five years experience in the health, wellness and beauty industry in England, Canada and Greece. (AT5 – AT7)



Ken Eyerman

Ken has 30 years experience as a yoga teacher and massage therapist and is a trained practitioner of the Feldenkrais Method. (AT1 – AT3)



Ailon Freedman

Ailon is a multifaceted creative arts facilitator who runs workshops in comedy, drumming, yoga and public speaking. (AT10)



Alison Goldie

Alison, author of *The Improv Book: Improv for Theatre, Comedy, Education & Life* facilitates fun and enjoyable classes for all. (AT5 & AT6)



Mark Gunston

Mark is a qualified RYA Windsurfing Trainer and Powerboat Instructor. He has been teaching in Atsitsa since 1996. (AT1 – AT6)



Alison Habens

Alison is course leader at the Univ. of Portsmouth and the author of three novels as well as articles, poetry and plays. (AT4)



Judy Hammond

Judy has taught Alexander Technique for 30 years and has choreographed, directed and performed in many dance events. (AT10)



Kat Harding

Kat is a qualified Hatha, Vinyasa & Yin Yoga teacher who teaches in Australia and Europe. Her classes are playful and fun. (AT6 & AT7)



Jo Hardy

Jo is an accredited 5-Rhythms teacher in the UK and internationally. She is known to teach with a grounded gentle clarity. (AT7 & AT8)



Tiana Harper

Tiana is a professional actor, musician, cabaret and comedy performer as well as being a writer, director and producer. (AT11 & AT12)



John Harris

John teaches yoga, Latin dance and Systemic Life Coaching worldwide. He has taught partner dances for over 18 years. (AT1 – AT3)



Claire Healy

Claire is an actor, musician and songwriter who has worked in many facets of theatre in the UK, Ireland and Australia. (AT5 & AT6)



Justin Hill

Justin's book, *Shieldwall*, was a Sunday Times Book of the Year and he won the Somerset Maugham Prize for *Passing Under Heaven*. (AT2)



Jonathan Kay

Founder of the largest street theatre festival in the UK, Jonathan is a leading performer and international teacher of Fooling workshops. (AT9)



Abbie Lathe

Abbie is a versatile and multi-instrumentalist singer/songwriter whose vocals are regularly featured on BBC & Disney soundtracks. (AT12)



Richard Layzell

Richard is an award-winning artist who exhibits and performs worldwide. He is known for his playful sense of humour. (AT10 & AT11)



Melissa Mann

Melissa qualified as a Pilates instructor in March 2003 after training at The Place, the London Contemporary Dance School. (AT13 & AT14)



Luke Meredith

Luke, a cabaret entertainer and compere, is at the forefront of the revival in piano singalong nights and teaches singing at City Lit. (AT13 & AT14)



Tom Morley

Ex-drummer with Scritti Politti, Tom combines harmony singing with songwriting, drumming and dance. (AT9 – AT11)



Crysse Morrison

Published with Hodder and Stoughton, Crysse writes drama, fiction & poetry. She has extensive tutoring experience. (AT13)

**Karin Muiznieks**

Karin is a cabaret and comedy performer whose passion is the human voice and its capacity for uplifting the self and others. (AT1 & AT2)

**Lisa O'Donnell**

Lisa won the Orange Prize for New Screenwriters and her book *The Death of Bees* won The Commonwealth Book Prize in 2013. (AT14)

**David Olton**

Yoga and dance teacher, David creates an atmosphere of openness and fun and has featured in many West End musicals. (AT8 & AT9)

**Stoney Parsons**

Stoney is a professional stained glass artist and teacher. She has worked to commission for the last 30 years. (AT13 & AT14)

**Kel Portman**

Formerly a senior lecturer in printmaking, photography and digital arts, Kel's images are exhibited widely in the UK & abroad. (AT11)

**Sue Rickards**

Trained in 5-Rhythms and Drama & Movement, Sue has taught for 20 years and is a founding member of Open Floor International. (AT12)

**Andrew Risner**

Andrew is a leading facilitator and coach who has led transformational workshops since 2001 and brings a wealth of fun and insight. (AT9)

**Shay Rosenthal**

Shay has gained qualifications in paragliding, scuba and windsurfing with RYA qualifications in windsurfing and power boating. (AT7 - AT14)

**Julian Russell**

Author, coach and speaker, Julian helped introduce NLP into the UK. His passion is helping people make the most of their lives. (AT11)

**Kenneth Ryan**

Kenneth is inspired by traditional and contemporary schools of Yoga, Tai Chi, Awareness, Massage and Meditation. (AT11 - AT14)

**Sarah Saint Claire**

Sarah is an international aerialist and performing artist who hopes to pass on her immense passion for circus. (AT5 - AT7)

**Deborah Sanderson**

Deborah is an aerial performer specialising in static trapeze, silks and aerial hoop. She is also a professional actress and director. (A11 - AT14)

**Susie Self**

Susie is an international singer, composer and conductor. Her operas have been featured by The Royal Opera House. (AT3 & AT4)

**Bob Shelley**

Bob specialises in painting people-filled townscapes. His artwork will reflect Atsita's unique sense of community. (AT8)

**Johanna Simonetti**

Johanna is qualified in a wide range of therapies incl. massage, reflexology & aromatherapy. She is also a Reiki Master. (AT3 & AT4)

**Cathy Skora**

Cathy's journey in dance exploration spans 20+ years. She is a performer who integrates movement, creativity and spirituality. (AT4 - AT6)

**Kate Smurthwaite**

Kate is a stand-up comedian and political activist who appears regularly on British television and radio as a pundit. (AT1 - AT4)

**Marina Sossi**

An established teacher with a unique style, Marina communicates the ancient teachings of Yoga with her own creative flair. (AT4 & AT5)

**Malcolm Stern**

Malcolm, a group and individual psychotherapist for more than 20 years, is author of *Falling in Love / Staying in Love*. (AT7 & AT8)

**Theresa Sundt**

Theresa is a professional artist, certified colour therapist and author of 3 books including *The Art of Colour Therapy*. (AT12)

**Phil Tibenham**

Phil teaches the Shaw Method and is one of 20 coaches selected by Swim Smooth who are at the forefront of current swimming thinking. (AT12)

**Nat Tsolak**

Nat is an improvisation teacher with over 15 years experience. He puts positive psychology into practice with fun, play and laughter. (AT8)

**Andreas Vetsch**

Andreas, a former film & TV director, teaches Vinyasa yoga with the emphasis on synchronisation of breath. (AT9 & AT10)

**Sarah Warwick**

Sarah is a singer, songwriter and teacher with ten years of international success including three number 1 dance hits. (AT7 & AT8)

**Roz Wates**

Roz is an experienced mosaicist renowned for her public projects and her book *The Mosaic Sourcebook* has been widely translated. (AT5 - AT7)

**Cate Whittemore**

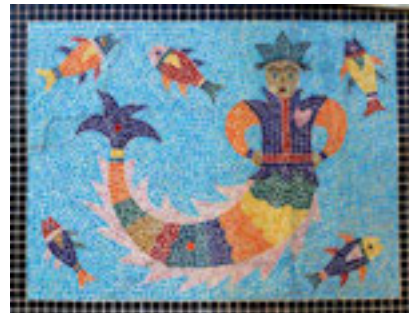
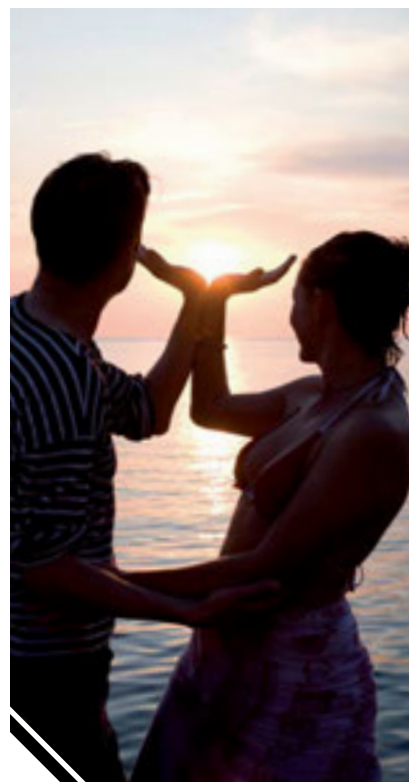
Cate is a fine art painter and a professional scenic artist who has created scenery for movies, television and theatre. (AT8 & AT9)

**Berny Woodward**

Berny, holder of the UK Mountain Instructors Certificate, has worked with the RAF as an Outdoor Adventure instructor. (AT8)

**Silke Ziehl**

Silke is a body psychotherapist who sees her work as exploring how to achieve a more balanced and joyful way of living. (AT1 & AT2)



The Skyros Centre

Engaging, intimate, vibrant



"Pursue
your creative
vision with
renewed vigour"



Village life

The Skyros Centre, set in a stunning location in the hillside village, has a panoramic view of the hills and the sea. Here you can step back from everyday routines, immerse yourself in absorbing activities and relax in the company of new friends. There is still plenty of time to indulge in a massage, relax on the long, sandy beaches or sit in a cafe and watch village life pass by. At night the village comes alive with restaurants, tavernas, shops, rooftop bars open until the early hours and music cafes where you can dance the night away.

Specialised courses

Course days begin with optional early morning yoga followed by breakfast. The mid morning courses are the centrepiece of the day and run for three hours, five days per week. Choose one course per week from the three programmes that run in parallel. Book your preferred course in advance of the holiday.

Local accommodation

Guests stay in twin shared accommodation in the village or by the sea. Following traditional Greek village style, accommodation standards vary but all rooms include air conditioning, a fridge and kettle. Most are ensuite and single upgrades are available (see p. 18).

Delicious food

The Centre provides breakfast and lunch or occasionally breakfast and dinner. Lunch is vegetarian, with meat or fish served when there is dinner. In the evening you can choose between traditional tavernas and sophisticated restaurants in the village or by the sea.

Skyros Centre holidays include:

Three hours of your chosen in-depth course for five days per week plus early morning yoga on course days and late afternoon one-off events. Half board, twin-shared accommodation and options for health & beauty treatments.

A typical day at The Skyros Centre

- 07.15** Early morning yoga
- 08.30** Breakfast & community affairs
- 10.15** Your chosen course
- 13.30** Lunch and siesta/beach time
- 18.00** One-off events and activities
- 20.00** Dinner in the village and nightlife



The Writers' Lab

The Writers' Lab offers a wonderful opportunity to learn directly from distinguished writers, to share the joys and struggles of the creative process, and to discover strengths and polish skills. Courses are open to novices with a secret passion for writing as much as to writers who already have a book under their belt. Arrive with work in progress or just an empty page - all are welcome.

Health & Wellbeing

This holistic approach to health and wellbeing is based on the latest research on how mind, emotion, body and spirit work together. The courses, whatever the subject, are all aimed at encouraging you to leave behind limitations and stuckness, recharge your passion and go for what really matters to you. Fully supported by our experienced facilitators, other like-minded participants and the warm, relaxed environment, you can use this time to step back, gain new insights, make remarkable breakthroughs, and create a vision and a plan for your life back home.

The Art Studio

The Art Studio provides a truly inspirational setting in which to put pencil to paper, paint to palette or lens to landscape under the expert guidance of the Studio's visiting artists. Join any of these courses with no experience or plenty, and know that you will return home with all the skills and encouragement necessary to pursue your creative vision with renewed vigour.



The Skyros Centre

Writers' Lab



WL5 Sun 3 – Sun 10 July
£675

Fiction Writing
with Jane Harris

Jane is the author of bestselling novels *The Observations* and *Gillespie and I*. She has been shortlisted for the Orange Prize for Fiction and her books have been translated into 18 languages. Jane's course will focus on the building blocks of writing fiction: character, narrative, point of view, voice and dialogue.



WL6 Sun 10 – Sun 17 July
£695

Book Under the Bed
with Julia Bell

Julia is a novelist and Course Director on the MA in Creative Writing at Birkbeck, University of London. Her latest novel, *The Dark Light* is published by Macmillan. Julia's course gives an opportunity to dust off your ambition and find new motivation and inspiration through a mixture of exercises and group workshops.



WL7 Sun 17 – Sun 24 July
£695

Writing Your First Novel
with Shelley Weiner

Shelley is a novelist, short story writer and journalist who has established herself as an inspirational tutor. Shelley will demystify the process of novel writing. Her course will include guidance on the tools of fiction, the pitfalls faced by new writers, and how to sustain momentum from start to finish.



WL8 Sun 24 July – Sat 6 Aug
£1,245

Fiction from Life
with Amanda Smyth

Amanda's first novel *Black Rock* won the Prix du Premier Roman Etranger and was selected as an Oprah Winfrey Summer Read. She is currently writing her third novel, *While They Danced*. Amanda's course will help you develop a reliable and practical toolkit to produce meaningful works of fiction.



WL9 Sun 7 – Sat 20 Aug
£1,245

Write Your Novel
with Mez Packer

Mez is author of *Among Thieves* and *The Game Is Altered* and she is Visiting Lecturer at Coventry University. This course is designed to kickstart your creativity, whether you are just beginning or in the middle of your project. It will include opportunities for sharing work and plenty of constructive feedback.



WL10 Sun 21 – Sun 28 Aug
£695

Adventures in Comedy
Writing with Logan Murray

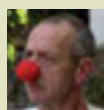
Logan is a comic and award-winning director, author of *Teach Yourself Stand Up Comedy*, and script consultant for the BBC. His course will use writing and non-writing exercises to encourage creativity and confidence. This workshop will help you discover your unique comic voice and, more importantly, you will laugh loads.



WL11 Sun 28 Aug – Sun 4 Sept
£695

Successful Fiction
with Leigh Russell

Leigh is the author of the bestselling Geraldine Steel and Ian Peterson crime series and has been nominated for major awards. Her novels have reached the #1 spot on Kindle and iTunes. Writers on Leigh's course will explore character, plot, structure, pace and language and how to develop your own writing voice.



WL12 Sun 4 – Sun 11 Sept
£675

Mindlessness
with Arthur Smith

Arthur is a comedian, writer, broadcaster and erstwhile Grumpy Old Man. Arthur's course is for people who are interested in laughter. Whether you want to be a comic novelist, a playwright, a writer of screenplays, sketches, poetry and gags or a stand up comedian, then there will be something here for you.



"Number 1
of the
World's Five
Best Writing
Holidays"

*If you've always
wanted to write but
never had the chance,
now is a good time to
start! At the Skyros
Centre there's something
for everyone. Our
writing holidays are
informative, creative
and also fun.*

* **Note:** The Writers' Lab courses also run in Atsitsa from 5 June to 3 July and from 11 to 25 September with Nick Barlay, Justin Hill, Steve Attridge, Alison Habens, Crysse Morrison and Lisa O'Donnell.



*"Where dreams
come true"*



The Skyros Centre

Health & Wellbeing

Our in-depth Health and Wellbeing courses are designed to help you become the happiest, healthiest and most successful version of yourself. Whichever course you take from the many on offer you are bound to learn something you'll treasure forever.



"The joy of letting go and feeling alive"



HW5 Sun 3 – Sun 10 July
£675

Successful Relationships with Juliette Smith

Juliette has been teaching enhanced leadership, interpersonal skills and emotional intelligence for 15 years. She is passionate about communicating authentically and believes there is always a way to improve relationships including those already working well. Juliette's course will be interactive, practical and fun.



HW6 Sun 10 – Sun 17 July
£695

Mindful Living with Daisy Swan

Daisy has been helping clients as a career coach across the globe for the past 25 years. Let go of circular thinking that clouds decision making and take new steps to make satisfying personal and professional transitions. Mindfulness meditation, mindful eating, mindful movement and listening are all included.



HW7 Sun 17 – Sun 24 July
£695

Living Creatively with Kate Daniels

Kate started life as an actress & playwright and has been a registered psychotherapist for over 30 years. She has just launched her jazz CD *Atmospherics* to great acclaim and has a sitcom in development for BBC Radio 4. Explore your approach to creativity and map a new, more creative life script.



HW8 Sun 24 July – Sat 6 Aug
£1,245

New Beginnings with Dina Glouberman

Skyros co-founder, psychotherapist, Imagework pioneer, author of *Life Choices*, *Life Changes*, *The Joy of Burnout* and *You Are What You Imagine*, Dina will show you how to listen to your soul's whispers, vision your future and go for it. The course will give you the clarity and confidence to take your next step in life.



HW9 Sun 7 – Sat 20 Aug
£1,245

Making Connections with Ari Badaines

Ari is an American clinical psychologist and has been a Skyros facilitator since 1982. The course will focus first on dating and then building relationships including good communication skills to negotiate mutually satisfying 'win-win' outcomes and how to keep the relationship growing and thriving.



HW10 Sun 21 – Sun 28 Aug
£695

Discover Your Life Calling with Julian Russell

Julian's passion is helping people make the most of their lives. He is an executive coach, author and speaker and helped to introduce NLP to the UK. As you discover your life calling on this course, you will engage more often with the fun, creative, playful aspects of you which can ignite your passion and inspire your soul.



HW11 Sun 28 Aug – Sun 4 Sept
£695

Nutrition & Wellbeing with Stephanie Moore

Stephanie has worked as a natural health therapist for over 25 years. She will demystify the complex world of diets, detoxing and health fads and focus very specifically on the digestive system and how good gut function is fundamental to all elements of well-being.



HW12 Sun 4 – Sun 11 Sept
£675

Life in Balance with Andry Anastasiou

Andry is an insightful coach and workshop facilitator with over 20 years experience. Whether you are looking for internal equilibrium (heart, mind, emotions, spirit and health) or external alignment (work, socializing, relationships, activities) there will be something for you on this engaging creative workshop.

The Skyros Centre

The Art Studio

The Skyros Centre's Art Studio is the perfect environment to stretch your creative muscles and create pieces of art you will treasure. With acclaimed artists from around the world you will receive all the help you need to improve your skills. All materials are included so you need only bring your ideas.



AS5 Sun 3 – Sun 10 July
£675

A Visual Language
with Kathy Ramsay Carr

Kathy is a professional artist, illustrator and printmaker. After training at Bath Academy of Art she became the Head of Design in the Cultural Institute of the National Univ. Mexico. The course will explore different ways of looking at objects & landmarks and dismiss the myth that only some people are creative.



AS6 Sun 10 – Sun 17 July
£695

Artful Presence
with Ilene Sawka

Ilene, who lives in Sweden, is an international consultant/trainer specialising in creative communication. Energize and stretch your innate creativity and polish your communication skills while exploring a variety of artistic expressions including music, writing, painting & more.



AS7 Sun 17 – Sun 24 July
£695

Outside Watercolour
with Cate Whittlemore

Cate is a fine artist who paints, designs and teaches. Commune with the natural beauty of Greece through daily painting. You will receive brief demonstrations, technical advice and cultivate your inner muse as you create landscapes, seascapes and colour meditations.



AS8 Sun 24 July – Sat 6 Aug
£1,245

Painting & Sketching
with Michael Gahagan

Michael is an accomplished artist whose work includes landscapes, seascapes and wildlife. Suitable for all abilities, this course will give you an opportunity to improve your existing painting, drawing and sketching skills, explore your observational skills and develop your creative drive and individual style.



AS9 Sun 7 – Sat 20 Aug
£1,245

Watercolour Painting
with Michael Gahagan

Michael is an accomplished artist and facilitator. His course will explore the creative opportunities that watercolour painting offers both the beginner and the more experienced artist. Try new techniques, combine mediums and use different approaches. Develop at your own pace in a supportive and fun environment.



AS10 Sun 21 – Sun 28 Aug
£695

Plein Air Painting
with Cate Whittlemore

Cate is a fine artist who paints, designs and teaches, and has created scenery for Broadway hits, feature films and TV series. Learn how to create a journal collection you can treasure of colour meditations, landscape and seascape-inspired improvisations.



AS11 Sun 28 Aug – Sun 4 Sept
£695

Drawing and Painting
with Theresa Sundt

Theresa is a professional artist, a certified colour therapist, and the author of *The Art of Colour Therapy* and *The Nine Colour Personalities*. Basic techniques for drawing and painting in mixed media will enable you to capture local still life on paper and to use painting as a form of journal keeping and active meditation



AS12 Sun 4 – Sun 11 Sept
£675

A Photographer's Eye
with Kel Portman

Kel is formerly a senior lecturer in printmaking, photography and digital arts. This is a course for those who have never been taught the 'art of photography'. It won't confuse you with technical jargon, rather you will be encouraged to look at ideas and approaches to help you take better photographs.



Skyros-around-the-world

Grace, colour, charm



Thailand

January 2016

TH1 Sun 17 – Thu 28 Jan 2016 £1,195
Yoga with Awareness: Ken Eyerman
Mindfulness: Michael Eales

Skyros-in-Thailand is based on the magical island of Koh Samed 200 km southeast of Bangkok and part of the beautiful Koh Samed National Park. Located on an idyllic white sand beach, the resort offers tranquillity and relaxation. Yet, with just a short walk to the other end of the bay, you can enjoy cafés and beach restaurants. Or you can take a truck taxi for shopping, nightlife and dancing. Here you can completely unwind, enjoy the sunshine, the Skyros courses and the world-renowned Thai cuisine.

This holiday includes 11 nights half board accommodation, Skyros courses, local walks and visits.

Havana

February 2016

HA1 Mon 15 – Thu 25 Feb 2016 £1,245
Cuban Salsa: Rolando Gonzales
Tour Leader: John Harris

Havana, a UNESCO World heritage site, is one of the oldest, grandest and safest cities in the Americas. The high concentration of museums and galleries, the stunning vibrancy of Cuban music and dance and the charismatic Habaneros give the city a unique cultural punch. Havana is the perfect place to learn Cuba's national dance - Salsa. Classes are facilitated by a top Cuban dance tutor and each participant has a local Cuban dance partner to mentor progress and ensure a high quality learning experience.

This holiday includes 10 nights accommodation, breakfast, two evening meals, Skyros courses, local talks and visits, and a half day city tour.



Trinidad

April 2016

TR1 Sun 10 – Tue 19 April 2016 £1,295
New Beginnings: Dr Dina Glouberman
Life Writing: Monique Roffey

April in Grand Riviere, Trinidad, marks one of the most important events in the world's eco-calendar. At your beach-front hotel, amidst rainforests with rare endangered species, see the colossal Leatherback turtles nest right in front of your room on what is said to be the largest Leatherback nesting beach in the Western Hemisphere. By day, work with Skyros co-founder Dr Dina Glouberman or Trinidadian born critically-acclaimed author Monique Roffey. By night, witness the miraculous nesting of these ancient survivors from the time of the dinosaurs. Unmissable.

This holiday includes 9 nights full board accommodation, a choice of either Skyros course, local talks, yoga and visits.

Copenhagen

May 2016

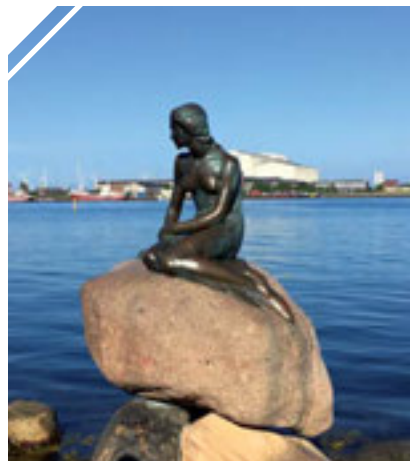
CO1 Sat 21 – Thu 26 May 2016 £695

New Beginnings: Dina Glouberman

Tour Leader: Zoë Harris

Research shows that the Danish are some of the happiest people in the world. Find out about their unique concept of 'hygge' which is all about creating a warm atmosphere and enjoying the simple things in life. This delightful city break will warm your heart as you soak up the Danish atmosphere. Explore colourful Nyhavn, visit the famous Little Mermaid statue and sample the delights of Danish cuisine. Join Skyros co-founder, Dina Glouberman who will show you how to envision your future and find a way forward to a new beginning.

This holiday includes 5 nights accommodation, breakfast and arrival dinner, Skyros courses and local tours and visits.



Venice

October 2016

VE1 Sat 15 – Wed 19 October 2016 £645

Photography: David Babsky

Tour Leader: Michael Eales

From morning strolls by the canal, taking a vaporetto water bus or sipping espresso in Piazza San Marco to acquiring a taste for Italian opera, this stylish holiday will ensure you bring back unforgettable memories from this seductive city of culture. Be swept off your feet in a romantic world of endless canals, stunning architecture, piazzas and characteristic Venetian bridges. Learn the secrets of great photography from David Babsky, formerly Practical Photography Technical Editor, and return home with wonderful photographs and photography skills you can use forever!

This holiday includes 4 nights accommodation, breakfast and arrival dinner, Skyros courses, local tours, vaporetto pass and entrance to Musica a Palazzo.

"One of the world's best holidays"

Marrakech

November 2016

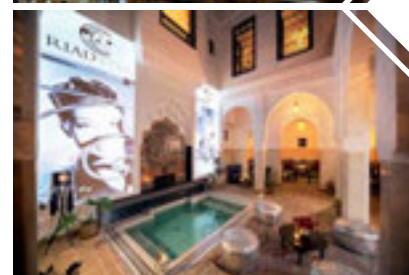
MO1 Sat 12 – Thu 17 Nov 2016 £695

Mosaics: Roz Wates

Tour Leader: Zoë Harris

Marrakech is Morocco's fourth largest city and is known as the 'red city' due its blush coloured walls. Explore the colourful souks piled high with glimmering lamps, bright spices, rugs and leather. Retire to the oasis of your luxury Riad - stylishly decorated and ornate rooms topped with sun terraces in the heart of the medina. Be inspired by your surroundings, marvel at the beauty and complexity of Moroccan mosaic design and create your own with the guidance of leading mosaicist Roz Wates.

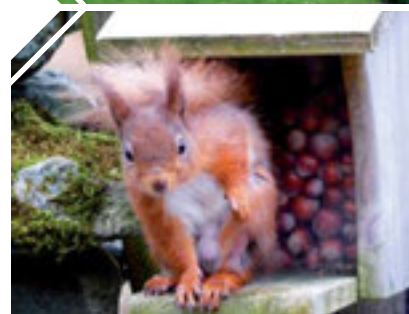
This holiday includes 5 nights accommodation, breakfast and arrival dinner, Skyros courses, local talks and visits, and an excursion to the Atlas mountains.



The Grange

Secluded, classy, comfy

"Home from home"



The Grange, a beautiful Georgian country house, is in the charming Old Village of Shanklin on the east coast of the Isle of Wight. Nestled in greenery, it is very secluded

Yet it's only moments from the picturesque thatched pubs and cosy tea rooms, the local train station, shops and restaurants and, best of all, the long sandy beach. You can certainly take it easy here – relax, sleep deeply, enjoy a meandering walk down to the beach and breathe in the fresh sea air.

To increase the feel good factor book a massage or beauty treatment. Or take one of the weekend courses, all of which are run by exceptional facilitators including award-winning authors, leading life-coaches, outstanding singers and yoga teachers. You'll have fun, meet interesting people and return home having learnt something new.

The Grange is an offshoot of Skyros and is home to the Skyros head office. If you're considering a Skyros holiday, then come over to the Isle of Wight for a weekend course taster.

The Grange has the AAs 4-star Guest Accommodation rating and, for the sixth year running, has been awarded Trip Advisor's Certificate of Excellence.

Just 2.5 hours from London by rail, The Grange is a favourite destination for a short break or, even better, 'home from home' as many people have been pleased to discover.

Isle of Wight Course weekends 2016

February

- Friday 12 – Sunday 14**
Coaching Your Love Life with Alison Goldie
- Friday 19 – Sunday 21**
Yoga with Awareness with Ken Eyerman
- Friday 26 – Sunday 28**
Your Writer's Voice with Crysse Morrison

March

- Friday 4 – Sunday 6**
Alexander Technique with Judy Hammond
- Friday 11 – Sunday 13**
Writing a Screenplay with Steve Attridge
- Friday 18 – Sunday 20**
Digital Photography with David Babsky

April

- Friday 1 – Sunday 3**
Good Fiction with Lisa O'Donnell
- Friday 8 – Sunday 10**
Mindfulness with Michael Eales
- Friday 15 – Sunday 17**
Comedy Writing with Logan Murray
- Friday 22 – Sunday 24**
Screenwriting with Phil Gladwin

May

- Friday 6 – Sunday 8**
Everyone Can Sing with Sarah Warwick
- Friday 13 – Sunday 15**
Successful Fiction with Leigh Russell
- Friday 20 – Sunday 22**
Love What You Do with Julian Russell

June

- Friday 3 – Sunday 5**
The Stories of Your Life with Alison Habens

September

- Friday 16 – Sunday 18**
Fiction Writing with Jane Harris
- Friday 23 – Sunday 25**
Confidence & Charisma with Alison Goldie

October

- Friday 30 Sept – Sunday 2 October**
Life Writing with Nick Barlay
- Friday 7 – Sunday 9**
The Art of Photography with Kel Portman
- Friday 14 – Sunday 16**
Historical Fiction with Justin Hill
- Friday 21 – Sunday 23**
Passionate Living with Malcolm Stern
- Friday 28 – Sunday 30**
5-Rhythms Dance with Jo Hardy

November

- Friday 4 – Sunday 6**
Mindfulness with Michael Eales
- Friday 11 – Sunday 13**
Yoga with Awareness with Ken Eyerman
- Friday 18 – Sunday 20**
Cuban Salsa with John Harris

December

- Saturday 24 – Tuesday 27**
Christmas Celebration
with Kate Daniels & Andrew Risner
- Friday 30 Dec – Monday 2 Jan 2017**
Welcoming the New Year
with Alison Goldie & Steve Attridge

For more information
please check



www.thegrangebythesea.com
Tel: 01983 867 644



Courses Tariff

Weekend Courses	
20% discount for previous Grange/Skyros participants	£90

B&B (Open all year round) Tariff

	Low Season 4 Jan – 24 March 16 Oct – 17 Dec	Mid Season 25 March – 19 May 19 Sept – 15 Oct	High Season 20 May – 18 Sept 18 Dec – 3 Jan (2017)
Rate per person sharing a twin or double bedroom per night			
Weekends (Fri & Sat)	£50	£54	£58
Weekdays (Sun – Thurs)	£44	£48	£52
Single supplement £25 per night.			

To book phone 01983 867 644 or book online at www.thegrangebythesea.com. Christmas and New Year at The Grange are all-inclusive and cost £425 (10% off for previous Grange/Skyros guests).

* **Note:** Bank holidays and festival dates require 3 night minimum stay at high season rate.

Booking information

Fees, discounts, practicalities



Christine Schulz,
General Manager, Skyros

Join any Skyros holiday and you can be sure of a warm welcome.

Check online for information about new exciting destinations, courses, travel and more.

Easy booking

Book and chat online at:

www.skyros.com

Or phone: **+44 (0)1983 86 55 66**

Email us at: **office@skyros.com**

Office hours are 9am to 6pm weekdays and from 10am to 4pm on Saturdays in peak times.

Deposit

Book any overseas holiday with a deposit of £100 (£50 for the Isle of Wight). If you need to cancel, then do so in writing within 7 days of booking for a full refund.

Special discounts

Early bird: Receive £100 discount on a two week holiday and £50 on a one week holiday in Greece by booking and paying in full by Friday 12 February.

Friends of Skyros: Those who have been on a Skyros holiday before (including an Isle of Wight weekend) are entitled to £75 discount on a two week holiday (incl. Cuba, Thailand and Trinidad), £50 discount on a one week holiday, £30 discount for Marrakech, Venice and Copenhagen and 20% off a weekend course in the Isle of Wight. This is in addition to the Early Bird applicable to Greece.

Children: Children are welcome in Atsitsa during the summer school holidays. Those aged between 5 and 15 receive a 50% discount on the holiday price.

Students: Full-time students and those aged between 16 and 22 receive a 20% discount.

Bursaries: Apply in writing.

Accommodation upgrades

Greece: Single occupancy of a hut in Atsitsa is available for £125 for one week and £235 for a two week holiday. Share a twin room in the house for a supplement of £70 for one week and £130 for a two week holiday. Single occupancy at the Skyros Centre is available for £175 for one week and £325 for a two week holiday.

Skyros-around-the-world: Single occupancy in Thailand is £325, Cuba £350, Trinidad £225, Copenhagen £195, Venice £180 and Marrakech £195 per holiday.

Travel insurance

We strongly advise you to take travel insurance. Skyros has International Passenger Protection insurance in accordance with government regulations.

Disabilities

The centres in Greece are not wheelchair accessible but we have catered for a variety of special requirements in the past. Call the office to discuss your needs in Greece or at any of our other locations.

Cancellations

If you cancel more than eight weeks before departure your deposit is forfeited. If it is less than eight weeks before departure the following percentage of the holiday and transfer fees are retained or payable: 4-8 weeks: 40%; 2-4 weeks: 60%; 1-2 weeks: 75%; less than one week: 100%.

In many cases, cancellation fees are covered by insurance. Notify both us and the flight company in writing immediately. Failure to do so may prejudice your entitlement to claim a refund. No refunds can be made on or after arrival.



Disclaimer

We believe all the information in our brochure is correct when we go to press. However, due to staff cancellations, bad weather, low bookings, mechanical faults, strikes, civil unrest or other situations outside our control, some amenities, courses or holidays may become temporarily or permanently unavailable.

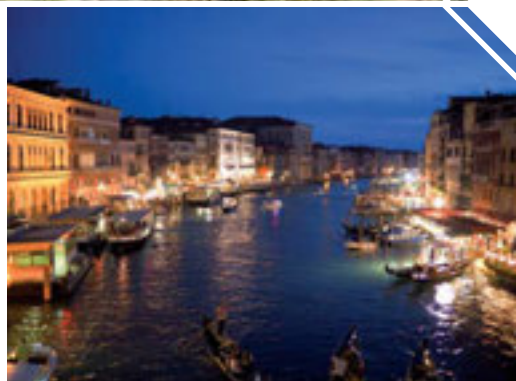
We reserve the right to make changes to our programme, courses or facilitators. We are not travel agents or flight carriers and therefore cannot take responsibility for flight arrangements, delays or cancellations.

*"The emphasis
is on fun"*



Travel

Simple, colourful, convivial

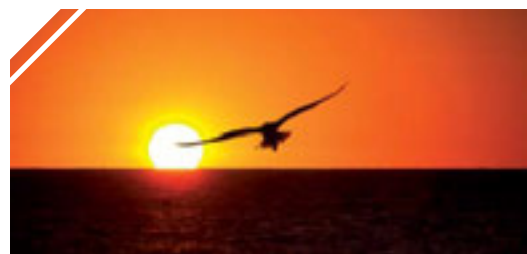


Greece

There are no direct flights to Skyros island from the UK. There are, however, domestic flights that depart Athens for Skyros island late on Sunday afternoons. This makes it possible to fly to Athens on a Sunday morning and arrive on Skyros island for your holiday on the same day.

Book your return domestic flight online as soon as possible to secure your place. See www.aegeanair.com. The flight departs Athens at 16:50, arriving into Skyros island at 17:30. The return flight arrives back into Athens on Sundays at 18:35.

If you prefer, arrive into Athens on Saturday, the day prior to your holiday, and our courtesy coach will collect you from Athens airport at 19:30 and take you for an overnight stay at the Dorian Inn Hotel in central Athens.



Spend the morning sightseeing before we return you to Athens airport on Sunday for the flight to Skyros island. Price: £75 based on twin share at the hotel and including transfer from the hotel to Athens and return collection on Skyros island. Single upgrades are £30.

In case the domestic flight is full, we will also offer an overland return transfer to Skyros island. This scenic journey by coach and ferry takes around 4 hours. Price: £160 including twin share at the hotel and return coach and ferry.

For more transfer options and suggested international flights see www.skyros.com or call us on **01983 86 55 66**.

Thailand

Book our transfer and combine your holiday with sightseeing in Bangkok. Arrive into Bangkok on the day before the holiday begins and fly home the day after it ends. The group transfer includes two nights accommodation at the 5-star Pullman-G Hotel and return coach and ferry to Koh Samed island. £175.

Havana

Fly to Havana on the first day of the holiday and return on the last. Virgin Atlantic offer direct flights from Gatwick. Book the flight with the Holiday Place (020 7644 1700) to enjoy a courtesy airport collection and a free Tourist Visa Card.

Trinidad

Arrive into Port of Spain on the first day of the holiday and depart on the last. Arrivals on the designated British Airways flight are met at the airport. Book your flight online or call Nadeene at Club Caribbee on 020 8682 1115 to secure your flight with a £50 deposit.

Copenhagen

Fly to Copenhagen on the first day of the holiday and return on the last day. EasyJet and British Airways both offer regular flight options. Independent travel to the hotel.

Marrakech

Arrive into Marrakech on the first day of the holiday and depart on the last. EasyJet, British Airways and Royal Air Morocco offer regular flight options. Arrivals are met at the airport.

Venice

Fly to Venice Marco Polo or Venice Treviso international airport. Arrive on the first day of the holiday and depart on the last day. EasyJet, British Airways and Ryanair offer regular flights from the UK. Independent travel to the hotel.



'I immediately fell in love with the place'

SUE TOWNSEND, THE GUARDIAN

'I made bonds that will last a lifetime'

ANNE ROPER, SUNDAY INDEPENDENT

'A you-can-do-anything atmosphere'

JENNIE DEMPSTER, RED MAGAZINE

'A life-changing holiday'

JIMMY CARR, THE SUNDAY TIMES

'The laughter echoed around the town'

ARTHUR SMITH, THE STAGE

'Let your hair down, take risks, expand horizons,
go on a Skyros holiday'

MARIELLA FROSTRUP, INDEPENDENT

'One of the world's best holidays'

THE SUNDAY TIMES



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www.facebook.com/skyroshols

International Passenger

Protection insurance is provided



Mosaic by Roz Wates, Atsitsa summer 2015